



## Académie d'Armes Internationale – AAI

### International Course 20-26 October 2006 in Bad Karlshafen/Germany

<i>time</i>	<i>Friday 10-20</i>	<i>Saturday 10-21</i>	<i>Sunday 10-22</i>	<i>Monday 10-23</i>	<i>Tuesday 10-24</i>	<i>Wednesday 10-25</i>
after 07.15		breakfast	breakfast	breakfast	breakfast	breakfast
8.15 – 9.00		sport medicine	sport psychology	free time	free time	free time
9.00 – 9.45		sport medicine	sport psychology	sport management	theory of training	sport pedagogy
9.45 - 10.30		sport medicine	sport psychology	sport management	theory of training	sport pedagogy
10.30		coffee	coffee	coffee	coffee	coffee
11.00 – 11.45	arrival	teaching épée	sport psychology	teaching sabre	conditioning	teaching foil
11.45 – 12.30	arrival	teaching épée	sport psychology	teaching sabre	conditioning	teaching foil
12.30	lunch	lunch	lunch	lunch	lunch	lunch
13.30 – 14.15	course introduction	teaching épée	teaching foil	theory of training	FIE rules	examination
14.15 – 15.00	course introduction	teaching épée	teaching foil	theory of training	FIE rules	examination
15.00	coffee break	coffee break	coffee break	coffee break	coffee break	coffee break
15.30 – 16.15	fencing terminology	teaching épée	teaching sabre	teaching sabre	teaching foil	examination
16.15 – 17.00	fencing terminology	teaching épée	teaching sabre	teaching sabre	teaching foil	examination
17.00 – 17.45	the foil system	teaching épée	teaching sabre	teaching sabre	teaching foil	examination
17.45	dinner	dinner	dinner	dinner	dinner	dinner
18.45 – 19.30	sport medicine	teaching épée	teaching sabre	teaching foil	teaching foil	evaluation
19.30 – 20.15	sport medicine	teaching épée	teaching sabre	teaching foil	teaching foil	evaluation
	7	12	12	11	11	11

1 unit = 45 minutes - total 64 units

course fee 310,- € full pension 306,- € (lunch on Friday lunch until breakfast on Thursday). Arrival on Thursday, 10-19-06 is possible (add 44,-€). Thursday, 10-26-06 departure after breakfast.